



CHRIST
(DEEMED TO BE UNIVERSITY)
BANGALORE · INDIA

DEPARTMENT OF PSYCHOLOGY PRESENTS
WORKSHOP ON

MOTIVATIONAL INTERVIEWING

DR. BRIAN BURKE
PROFESSOR OF PSYCHOLOGY
FORT LEWIS COLLEGE, COLORADO

5TH AUGUST 2016, 9 AM-4 PM
ROOM 715, CENTRAL BLOCK



Registrations: Contact Dr Aneesh Kumar
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DEPARTMENT OF PSYCHOLOGY

WORKSHOP ON MOTIVATIONAL INTERVIEWING

Dr. Brian Burke conducted a workshop on '*Motivational Interviewing*' to First-year clinical psychology students on 5 August 2016 during 2 PM to 4 PM. Brian Burke is a clinical psychologist whose principal academic interests include motivational interviewing, college teaching, and terror management theory. Dr. Burke has published several meta-analyses of studies evaluating the efficacy of motivational interviewing. Motivational interviewing is an emerging treatment for substance abuse and other problem behaviors that combines the humanistic elements of client-centered therapy (Carl Rogers) with more active strategies (e.g., cognitive-behavior therapy) designed to facilitate human change. Dr. Burke has brought this exciting new treatment to FLC in his Counseling Skills class as well as in a Motivational Interviewing Practicum (Service Learning in Psychology) class and his work with the Wellness Peer Consultants (WellPAC).

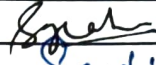
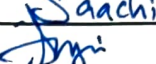
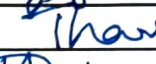

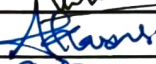

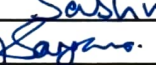
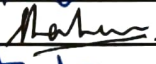

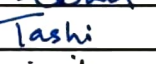

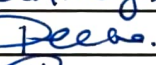

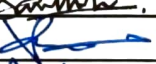

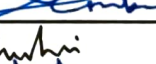
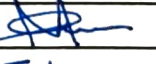
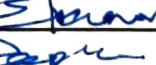
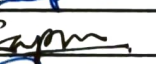

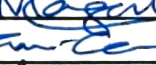
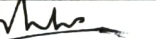







The workshop was majorly an interactive session with two sessions of hands-on training on interviewing skills. A brief introduction helped the students to understand the need and significance of the method as a therapy and data gathering methods. A video session on MI was presented in the class. The session was interesting and realistic too. Many doubts about the concepts were cleared by the video itself. Burke gave a write up with model interviewing questions which explained process of the MI. Examples were helpful to practice it. Students were made to partners and were instructed to conduct the interviewing procedure using the guide. Students were really happy for the learning they had during the sessions.


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DEPARTMENT OF PSYCHOLOGY
PSYCHOLOGY ASSOCIATION
Attendance Sheet - List of Students

S.NO.	NAME	SIGNATURE
1	SAIRAH GRACE JOHN	
2	SAACHI ARORA	
3	RINJU JOY	
4	TELGE THARIKA RANUSHI PEIRIS	
5	YASHIKA HOODA	
6	MELRICK CRASTA	
7	AKANKSHA KUKREJA	
8	C V SRINIDHI	
9	SHASHWATI PANDEY	
10	SANJONI SETHI	
11	SAHANA MEHRA	
12	VEDA ANITA DANDAMUDI	
13	GOKUL SISIR	
14	TASHI PUNJO GURUNG	
15	ANJALI S NAIR	
16	DESAI TANMAYI SUHAS	
17	DEENA K VARGHESE	
18	S PAVITHRA	
19	SANTHOSHI KASHYAP	
20	VIDHI R SHETH	
21	ADHIRAJ CHOWDHURY	
22	YESUDASS M	
23	ARUSHI	
24	S MARY ANN	
25	ELEANORA NALLU E C	
26	DEEPIKA PREMLAL	
27	EAPEN	
28	VRISHTI KAPOOR	
29	MAGESHPRASATH N	
30	AANI LAURA VITALIS W	
31	ASHA CHILLAL	


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